



MENU

Hot Food

Baked Fish Fingers (H).....	\$3.50
Chicken Breast Burger (H).....	\$5.50
Beef Burger (H).....	\$6.00
Cheese Burger (H).....	\$5.50
Gourmet Sausage Rolls (H).....	\$4.50
Gourmet Aussie Beef pie (H).....	\$4.50
Gourmet Spinach & Feta Roll (H).....	\$5.00
Vegetarian Spring Rolls - 6pcs (H).....	\$4.50
Chicken Breast Nuggets - 6pcs (H).....	\$4.50
Potato Wedges (H).....	\$4.50
Ham & Pineapple Pizza.....	\$5.00
Lean Beef Hot Dog (H).....	\$4.50
Potato Pie (H).....	\$5.00
Lasagna Beef (H).....	\$5.50
Macaroni & Cheese (H).....	\$5.50
Sauce portions.....	30c

Sandwiches

Cheese and Tomato Sandwich.....	\$4.50
Vegemite or Jam Sandwich.....	\$3.50
Cheese and Salad Sandwich.....	\$5.00
Chicken Sandwich (H).....	\$5.00
Ham & Cheese Sandwich.....	\$5.00
Turkey Cranberry Sandwich.....	\$5.00
Tuna Sandwich with Lettuce & Mayo.....	\$5.00

*Note Available in White, Wholemeal sliced bread
Gluten Free, Bread roll or Lebanese Bread – additional 50c
Extra Toppings 50c - Tomato, lettuce, cucumber, avocado*

Salads

Greek Salad.....	\$5.00
Garden Salad.....	\$4.50
Chicken Salad (H).....	\$5.00
Tuna Salad.....	\$5.00

Wraps

Pre order available, with the option to select your own fillings!

Middle Eastern Falafel Wrap (H).....	\$6.00
Gourmet Chicken Salad Wrap (H).....	\$6.00
Tuna Salad Wrap (H).....	\$6.00
Cheese and Salad Wrap.....	\$6.00

Snacks

Seasonal Fruit Piece.....	\$1.00
Carrot Sticks with Hummus.....	\$2.60
Jelly Cup.....	\$2.00
Assorted Chip Snacks..... (From)	\$2.50
Yoghurt.....	\$3.00
Cheese & Crackers.....	\$2.00
Freshly Sliced Fruit Salad.....	\$4.00
Fruit Snack.....	\$1.00
Popcorn Plain.....	\$2.80
Low Fat Mini Muffins.....	\$2.00
Jelly and Custard.....	\$2.50

Warm Snacks

Garlic Bread (4 inch).....	\$2.50
Baked Hash Browns.....	\$1.50
Mini Beef Pie.....	\$2.00
Mini Sausage Roll.....	\$2.00

Beverages

Bottled 600ml Water.....	\$2.50
Flavoured Spring Water.....	\$3.00
Milk 300ml-Plain.....	\$2.50
Milk 300ml-Flavoured.....	\$3.00
Juice Box.....	\$2.50
Juice Bottle (100% juice) 450ml.....	\$4.00

Frozen Treats

100% Orange Frozen Juice Cup.....	\$2.00
Ice Block Variety..... (From)	\$1.00
Frozen Yoghurt.....	\$2.50
Jelly Fruits.....	50c
Gelato Cup.....	\$2.50

**All foods are grilled
or oven baked.
(no Frying)**

