















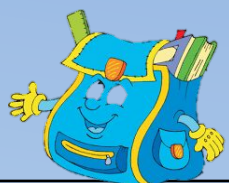

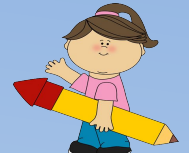





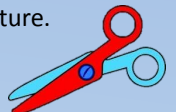







# Kindy Countdown – January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1st January</b> Sing and say the alphabet.</p> 	<p><b>2nd January</b> Make sure you can open and close your school bag by yourself. Practise putting things in and out of your bag and carry your bag once a week.</p> 	<p><b>3rd January</b> Put on your socks and tie your shoelaces or do up your buckles by yourself.</p> 	<p><b>4th January</b> Go to the toilet by yourself and wash your hands, daily.</p> 	<p><b>5th January</b> Write your name on a piece of paper with a capital letter at the start and lower case letters following. Keep trying every week.</p> 	<p><b>6th January</b> Draw some pictures. Colour them in and talk to your family about them.</p> 	<p><b>7th January</b> Can you open and close your drink bottle? Practise.</p> 
<p><b>8th January</b> Can you count to 10? Count to 10 using your fingers. Count 10 things you can see.</p> 	<p><b>9th January</b> Ask Mum or Dad to make lunch. Practise opening and closing your lunch box. Eat your lunch without any help. Put your name on your lunchbox.</p> 	<p><b>10th January</b> Play a game with someone e.g snap, chess, snakes and ladders.</p> 	<p><b>11th January</b> Listen to a story quietly each night. Practise turning the pages carefully. Talk about the story.</p> 	<p><b>12th January</b> Practise jumping &amp; hopping. Throw &amp; catch a ball.</p> 	<p><b>13th January</b> Discuss ways we can be nice to each other.</p> 	<p><b>14th January</b> Say your first and last name. Practise introducing yourself to a friend.</p> 
<p><b>15th January</b> Go for a walk and talk about the things you can see and hear. Wear your school hat.</p> 	<p><b>16th January</b> Learn your home address.</p> 	<p><b>17th January</b> Practise counting backwards from 10. Practise writing the numbers to 10.</p> 	<p><b>18th January</b> Practise packing your school bag.</p> 	<p><b>19th January</b> Read some nursery rhymes with a family member.</p> 	<p><b>20th January</b> Practise writing your name and letters of the alphabet.</p> 	<p><b>21st January</b> Go on a walk and name as many colours as you can see.</p> 
<p><b>22nd January</b> Count how many sleeps until you go to Kindergarten.</p> 	<p><b>23rd January</b> Try to learn your mum or dad's phone number.</p> 	<p><b>24th January</b> Go for a walk with a family member. Talk about the road rules.</p> 	<p><b>25th January</b> Practise dressing in your uniform by yourself and wearing it for a little while at home.</p> 	<p><b>26th January</b> Use a pair of scissors and cut out pictures. Glue your pictures on paper. Colour in a picture.</p> 	<p><b>27th January</b> Practise writing your first and last name.</p> 	<p><b>28th January</b> Ensure your <b>name</b> is on all your school clothes including your hat. Practise dressing yourself in your uniform. Show your family.</p> 
<p><b>29th January</b> Paint or draw a picture of yourself with a head and body.</p> 	<p><b>30th January</b> Talk to your family about visiting 'big school' this week' for a short time with a Kindy teacher.</p>	<p><b>31st January</b></p> <p><b>BEST START ASSESSMENTS</b></p>	<p><b>1<sup>st</sup> February</b></p> <p><b>BEST START ASSESSMENTS</b></p>	<p><b>2nd February</b></p> <p><b>BEST START ASSESSMENTS</b></p>	<p><b>3rd February</b></p> <p><b>BEST START ASSESSMENTS</b></p>	<p><b>4th February</b> Get your uniform out and have everything you need ready for school, including your labelled hat, water bottle, lunchbox and school bag.</p>
<p><b>5th February</b> Talk to your family about going to school and how you feel. Go to bed early.</p> 	<p><b>MON 6TH FEB</b></p> <p><b>First day of Kindergarten</b> 9:30am-3:05pm</p>			<p><b>My Best Start Assessment time and date is:</b></p> <p>_____ at _____</p>		